

Bridal Hair and Makeup Worksheet

Hair Care

Prior to the wedding, you should be taking extra care of your hair. I recommend the following regimen:

- Collagen Drink
- Drink less alcohol
- Apply a hair mask after shampooing twice a week
- Trimming of split ends regularly
- Let hair air dry after shower
- SPF moisturizer or serum immediately after shower

Washing your hair a lot, drying roughly with a towel, using hot tools regularly, wearing glasses on your head, swimming in a pool regularly all damage your hair. This is not the time to experiment with new hair colors or bleaching.

Hair Design

When you are looking for inspirations, look for hair similar to yours. If your desired hair style looks thick with lots of volume, we will need to add extensions to reach your desired look. When purchasing extensions, make sure they are human hair so that hot styling tools may be used.

Are you open to using hair extensions? Yes. No

Wedding Gown Picture

Front	Back
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If your dress is backless, low cut in front, not much detail on sleeves or is heavy on the bottom like a ball gown, I recommend you wear your hair down or half up. Place your inspiration photos in the appropriate boxes below.

Front	Front	Front
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Romantic/Boho	Hollywood Glam	Sleek Classic
Back	Back	Back

If your dress has intricate design work on the back or front and you would like to reveal its beautiful details, I recommend you wear your hair up to reveal this dress's details. Place your inspiration photos in the appropriate boxes below.

Front	Front	Front
Romantic/Boho	Hollywood Glam	Sleek Classic
Back	Back	Back

Drop a picture of your veil or hair accessories are you going to use:

Do you have any other special requests regarding your hair?

Skin Care

Prior to the wedding, you should be taking extra care of your skin. I recommend the following regimen:

- Collagen Drink
- Drink less alcohol
- Double clean
- Apply oil before shower
- Vit. E, A and C oils are all beneficial to skin healing
- Let skin air dry after shower
- SPF moisturizer or serum immediately after shower

If you do anything different or adhere to a doctor's prescribed regimen, please explain below:

I am not a dermatologist so these are just my take on how to achieve healthy skin that works for me.

Makeup Design Worksheet

Check all that apply to your style of makeup

Foundation:	Trial Notes:
<input type="checkbox"/> Natural No-Makeup Makeup	
<input type="checkbox"/> Full Coverage	
<input type="checkbox"/> Contour	
<input type="checkbox"/> Highlight	

<input type="checkbox"/> Bronzer	
Eyes:	
<input type="checkbox"/> Natural No-Makeup Makeup	
<input type="checkbox"/> Mono shadow	
<input type="checkbox"/> Contoured shadow	
<input type="checkbox"/> Wet shiny shadow	
<input type="checkbox"/> Neutral shadow	
<input type="checkbox"/> Vibrant color shadow	
<input type="checkbox"/> Dark Smokey eye	
<input type="checkbox"/> Cat eye liner	
<input type="checkbox"/> Light liner	
<input type="checkbox"/> Lash strips	
<input type="checkbox"/> Heavy	
<input type="checkbox"/> Light	
<input type="checkbox"/> Cluster lashes	
<input type="checkbox"/> Individual lashes	
Brows:	
<input type="checkbox"/> Lacquered	
<input type="checkbox"/> Filled in	
<input type="checkbox"/> Dramatic filled in with fade	
<input type="checkbox"/> Just comb through	
Lips:	
<input type="checkbox"/> Neutral/Nude	
<input type="checkbox"/> Long last liquid	
<input type="checkbox"/> Coral/Orange	
<input type="checkbox"/> Pink	
<input type="checkbox"/> Red	

Pre-Trial / Pre-Wedding

When you come for your hair and makeup trial, wear a white top. This will allow you to imagine what you will look like on the day of your wedding.

Have your hair accessories or veil ordered in time for your consultation so, we can try them on.

My trial sessions last from 3 to 4 hours. Your traveling companion can wait in the studio with you or sit on my porch. There are many lovely stores, greenway, shops, restaurants and coffee shops within walking distance of my studio.

On the day of a trial or wedding, your hair needs to be clean and preferably dry. I don't mind how many days you have not shampooed but the oilier your hair is, the more difficult for me to give you the volume you may be looking for.

Wear a button up blouse so you don't have to pull a top over your hair and makeup.